Phil's Cycle to Lourdes

On 14th July, I will be cycling solo from Sussex to Lourdes in the French Pyrenees. The 600 mile journey will take seven days. My aim is to do more than have a challenging ride when I get there.....

I will work as one of a team of doctors, nurses and helpers looking after 250 sick and disabled pilgrims from Sussex. They will have travelled by train and plane to Lourdes.

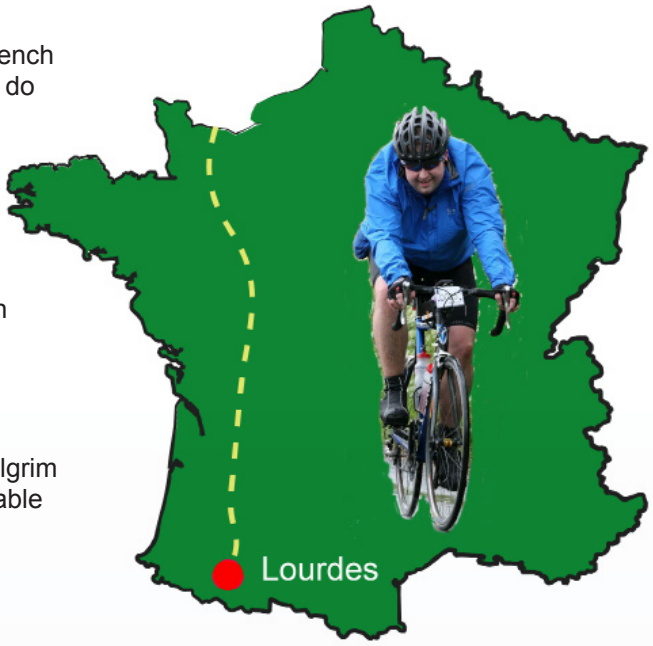
The pilgrims gain a great deal from their week in Lourdes and return tired, but refreshed in spirit – better able to face the challenges they have in their everyday lives. It matters enormously to them as individuals and to those whose privilege it is to help in their care.

I will be raising money for the Arundel and Brighton Lourdes Sick Pilgrim Fund which provides support to those who would otherwise not be able to go to Lourdes.

I would be really grateful for any sponsorship you can give.

Thank you!

Phil Young



You can follow my progress and sponsor me online at

www.jpfy.co.uk/cycle

Name	Address	Amount	Paid